



DISCIPLE-AT-HOME

TRUST ISSUES / PART THREE

Proverbs 3:5, 6 - *Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight.*

Proverbs 28:26 - *Those who trust in themselves are fools, but those who walk in wisdom are kept safe.*

Proverbs 27:5, 6 - *Better is open rebuke than hidden love. Wounds from a friend can be trusted, but an enemy multiplies kisses.*

1. Can you share a time when trusting yourself proved to be a bad idea?
2. Tell us about a time where you realized you were wrong and completely changed your mind or thinking?
3. Can you share a time where you admitted you were wrong to someone? **What circumstances make it more difficult or easier to admit you're wrong about something?**
4. Confirmation Bias is the idea that we tend to only listen to sources that support our beliefs. Therefore, what we perceive to be true is determined by what we *already* believe. **What do you do to avoid confirmation bias in your life?**
5. In the Old Testament there were commands where God explained His reasoning. However, there are plenty of examples where God did not explain why He gave specific commandments (*Seriously, these explanation-less commandments were called "chukim". Rabbi's surmised that God wanted to give people an opportunity to obey Him rather than their understanding of His commands*). **Can you think of commands in the New Testament that don't make sense to you? How do you interact with these commands you don't understand?**
6. Spiritual growth is painful. Really painful. Because inevitably we'll be wrong before we are right and the process of repentance and change is a real blow to our pride. **Where in your life right now are you wrestling with growth and admitting you've been wrong?**